

Social Responsibility

What have our
members been
up to?



**Jan - July
2016**

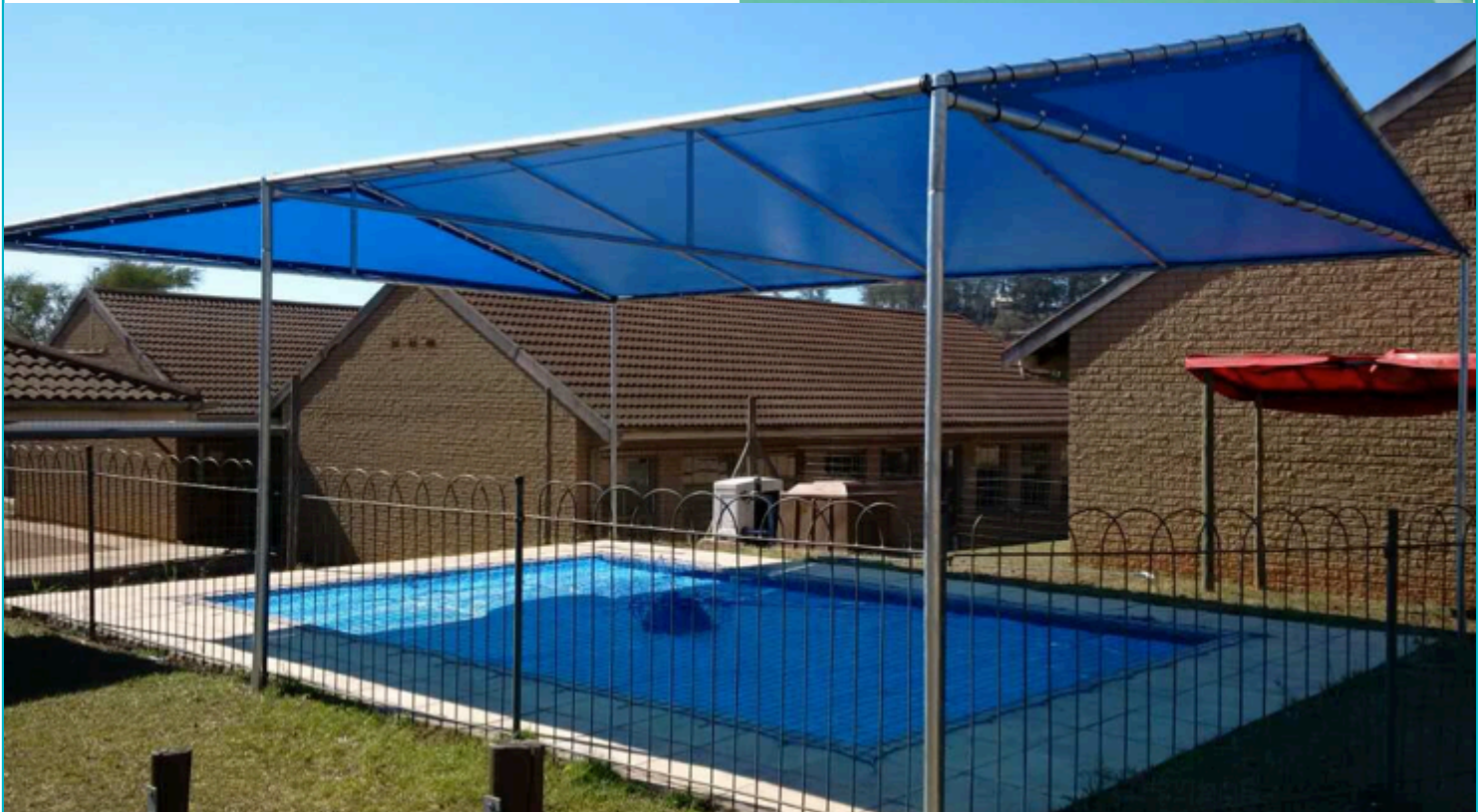
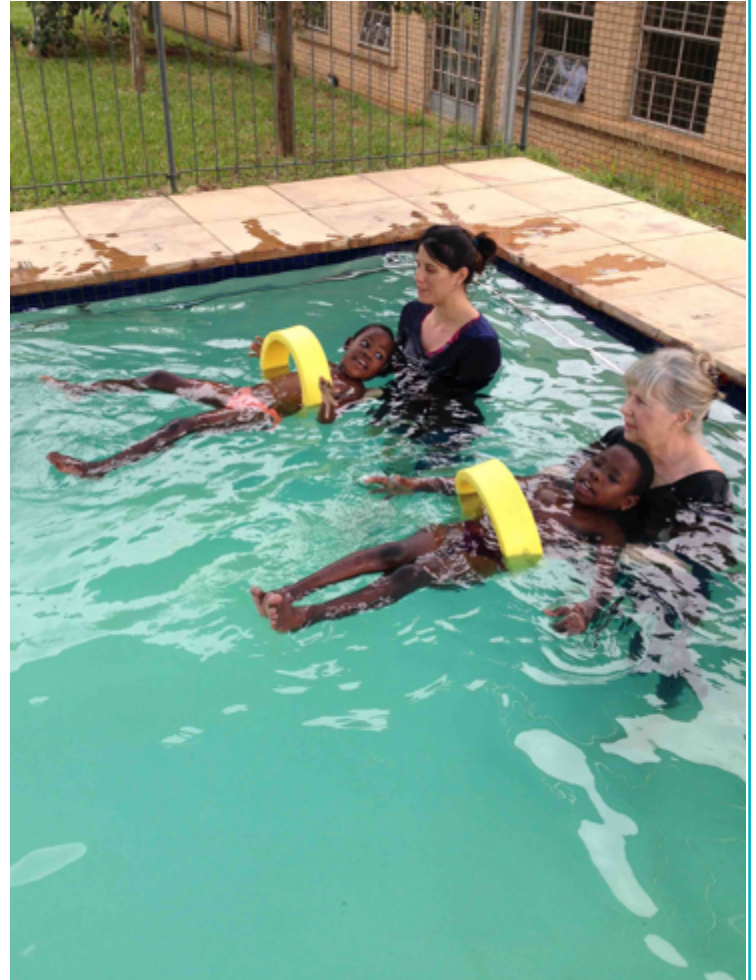
If you would like the SR work you are doing to be mentioned in the next report (January 2017) please email your information and pictures to barneskeryn@gmail.com

We are proud to give you a brief overview of some of the awesome work our members are doing.

If you are not currently involved anywhere please consider supporting some of these existing endeavors!

Gillian Adams

A few pics of the new awning at Ethembeni School, donated by Rotary. In the picture is Gillian and Occupational Therapist Donna Webb with two happy faces!



Beit Bracha Rehabilitation Center Worcester

Laeticia Hugo

“80% of treatments given are PRO BONO! (200 per month)”



“Regular fundraising for the rehab of the disadvantaged in the community”



“Our philosophy is to provide access to rehab to everyone who needs it, regardless of their funds”



Please consider supporting Beit Bracha's amazing initiative:

Facebook

Please like our facebook page (Beit Bracha goes the extra mile on the Camino) – and share with friends

Equipment

If you have any equipment you are looking to pass on: wheelchairs, aqua equipment, rollators, standing frames, any mobility aids or equipment, calipers, splints etc.

Resources

Can you link us to any resources in your network to help us further this work?

Financial Support

If you would like to support our work financially you can either contact us or use the following bank details.

**Beit Bracha Rehabilitation Centre: 16 Fairbairn street,
Worcester, 023 342 3138 (office hours)
Jacques and Laetitia Hugo: 079 499 8030
Melinda du Plessis: 084 668 1082**

**Banking details: Beit Bracha Camino, Standard Bank,
Worcester Branch: 051001, Account 034 813 993**

New Creation Family Church

Nicole Duff

Every year New Creation Family Church holds a community day. This is a day where the community of Windsor East and West (and anyone who else who is able to travel to the area) can come and receive free essential services. Doctors, optometrists, audiologists, dentists, financial advisors, banking advice and the ability to set up a bank account, HIV testing and counseling, information on human trafficking, meet and greets with SAPS, counselors and a pain clinic, and this is where my involvement stems from. This is the 4th year we have run the pain clinic and every year our attendance has grown. For the first time we hosted the community day at the Windsor Recreation Centre from 8am until 5:30pm. This year myself and one other physio helped over 50 individuals but unfortunately had to turn away over 10 more, due to lack of time. We saw back injuries; sports injuries, neck and shoulder pain complaints and arthritis but also gave information to those with chronic cardiac failure, family members with a disabled relative they weren't able to bring to the community centre and many more conditions. Tailored exercise programs were given to each patient and if they needed further treatment referrals were typed out and given with contact details to the nearest clinic. We also gave advice on pension grants and disability grants. Those that had severe injuries such as acute disc herniations were incorporated into our practices pro bono. An exercise class is run by the Windsor Community Centre every Monday, Wednesday and Friday evening which we are looking to be involved in going forward in order to prevent future injuries. It was such a privilege to be able to assist this very needy community. We hope to continue to grow this service and if anyone would like to help going forward please feel free to contact me:



Nicole Duff on nicoleduffrehabilitation@gmail.com for further information.