

## BIOGRAPHY – DR INA DIENER



Ina was born and bred in South Africa and lives and practises as a clinician in Stellenbosch.

She qualified at the University of Stellenbosch in 1974 and graduated with her PhD [research in the field of chronic headaches] in 2003, from the University of the Western Cape.

She has been in private practice for more than 30 years, and started teaching undergraduates in 1990. Since 2003 she has been involved with the orthopaedic manual therapy modules of masters programs at Stellenbosch University and the University of the Western Cape, and a study leader for many post-graduate students in the field. Her main clinical field of interest is musculoskeletal pain, and especially headache and facial pain. Her enthusiasm in promoting best-practice in musculoskeletal health is evident in the many CPD courses she presents to both local and international physiotherapists. She has published several academic papers and non-academic articles, and has presented papers at many national and international conferences, mainly in the field of pain education and chronic headache.

She has been the chair of the OMPTG and an active teacher in the OMT Course. She is actively involved in the South African Society of Physiotherapy, currently the Deputy President.