

BIOGRAPHY - LORRAINE JACOBS



Lorraine Jacobs has been a physiotherapist in private practice for many years, and is currently an associate in a large multidisciplinary rehabilitation practice in Johannesburg. She teaches on the OMT course, and was course leader for a number of years. She is passionate about the importance of patient-centred care, firmly based in clinical reasoning and evidence-based practice. She has recently developed and presented a series of three webinars for “Risk Stratification in Low Back Pain”, as a collaboration between Physiofocus and the OMPTG. Currently more than 600 members of the SASP have participated in these webinars.

Her practice encompasses the management of musculoskeletal disorders, especially persistent pain disorders as well as the management of cancer survivors, specifically post-prostatectomy care, and the gynaecological cancers.

She completed her undergraduate training at Stellenbosch, and has an MSc (Physio) and an MBA from Wits. She has completed her APDL 2 in Pain Management. She is a member of the Leadership Coaching team at the Wits Business School.

She is appointed as a member of the Professional Board for Physiotherapy, Podiatry and Biokinetics of the HPCSA.