

BIOGRAPHY – DR CORLIA BRANDT



I was born and raised in Bloemfontein, where I also obtained my BSc Physiotherapy (1999), MSc Physiotherapy (2003), and PhD with specialisation in Physiotherapy (2016) cum laude at the University of the Free State. I completed my OMTC in 2001.

I started working in private practice for three years, whereafter I became a lecturer at the University of the Free State. My main areas of interest are NMS, Sport, Women`s Health, and research which lead to the discovery of the interaction between these concepts.

I have also been involved with the OMTC for more than ten years, as treasurer and course leader in the Free State. Currently I am part of the Women`s Health Course Committee.

Together with my mentor, Prof HS Cronje, and later Dr EW Henn, we established a Pelvic Floor Unit in Bloemfontein which involved collaboration between academia and private practitioners, to treat patients with pelvic floor dysfunction and to generate research opportunities.

I have published several papers specifically on NMS-, Sport-, and Women`s Health-related topics in international journals such as Manual Therapy and British Journal of Obstetrics and Gynaecology. I have also had the privilege to present at several international congresses, the most recent being the WCPT 2017 and Royal College of Obstetrics and Gynaecology World Congress 2017, where one of my presentations was also nominated for an award.

I have recently relocated to Johannesburg where I am senior lecturer at the University of the Witwatersrand – continuing my passion for integrating research, clinical practice, and teaching.