

## BIOGRAPHY - GREG LYNCH



### **Dip Phty, Dip MDT, Dip MT, MPNZ, MNZCP (Manipulative Therapy)**

Greg graduated from the Otago School of Physiotherapy in 1991. He completed the Diploma in Mechanical Diagnosis and Therapy (Dip MDT) in 1994 and the Diploma in Manipulative Therapy (Dip MT) in 1996. Greg was recognised as an Advanced Practitioner with the NZ College of Physiotherapy (MNZCP).

He is a Senior and International Instructor with the McKenzie Institute International and has been lecturing extensively with the Institute since 2004. Greg is a member of the McKenzie Institute International (MII) Education Council. He has lectured throughout New Zealand, Australia, Argentina, South Africa, Japan, India, China, Korea, Hong Kong and Chile. He has also presented workshops on 'MDT and the Athlete' in Poland, Denmark and the USA. He has previously presented on 'Chronic Low Back Pain' at the MII conference in Rio de Janeiro, Brazil in 2009 as well as presenting on 'MDT and the Athlete' at the MII conference in Copenhagen, Denmark in 2015. He has also presented at the XIVth MII conference in San Francisco, 2017 on 'Excluding the Cervical Spine in patients presenting with primary shoulder pain' – a systematic review.

Greg has been an accredited provider with 'High Performance Sport New Zealand' since 2000. He has an interest in Chronic Low Back pain and sports injuries specifically related to Swimmers and Runners but has a real interest in all sports. He is a regional Lead Physiotherapist for Swimming NZ, Hockey NZ, Netball NZ and the All Black rugby 7's squad.

Greg has been in private practice since 1992 and is a Co-Director and senior physiotherapist of Inform Physiotherapy Limited and was a founding Director of Wellington Sports Medicine.

Greg is a member of Physiotherapy NZ, NZ Manipulative Physiotherapists Association, McKenzie Institute NZ, NZ Pain Society and Sport Physiotherapy NZ.