

# SASP in Action



## **Gurran CFP - retroactive cover until end Feb / 40% Discount to SASP members**

As a SASP member, you have access to one of the widest medical malpractice insurance covers available in South Africa through Garrun CFP (Pty) Ltd – at significantly discounted premiums.

It is a condition of cover that you remain a member of The South African Society of Physiotherapy (SASP) throughout your policy period.

### Key Benefits of the SASP Medical Malpractice Scheme

- Up to 40% discount on medical malpractice insurance premiums
- Tailored cover for physiotherapists, including:
  - Students & Interns
  - Fully qualified physiotherapists
  - Physiotherapy practices/business entities
- Cover for Regulatory Body complaints
- Access to legal assist for your business 24 hours a day, 7 days a week.
- Cover for medical scheme audit investigations
- Optional Data Protection Extension or Full Cyber Liability Cover

*PLEASE NOTE – If you have not renewed your cover with Garrun CFP, you have until the end of February 2026 to do so.*

## **South African Journal of Physiotherapy (SAJP) - SASP members save R5 952.00 - R11 904.00 (Excl. Vat)**

The South African Journal of Physiotherapy is the official scholarly refereed journal of the South African Society of Physiotherapy. It aims to publish original research and facilitate continuing professional development for physiotherapists and other health professionals both nationally and internationally. The journal publishes one issue each year. Articles are published online when ready for publication and then printed in an end-of-year compilation. Additional issues may be published for special events (e.g. conferences) and when special themes are addressed.

The SAJP is an open-access journal, meaning all content is freely available to users and their institutions. Users are allowed to read, download, copy, distribute, print, search, or link to the full texts of the articles, or use them for any other lawful purpose, without asking prior permission from the publisher or the author.

The SAJP has an Impact Factor of 1.2 (as of June 2025), placing it in the third quartile (Q3), indicating that it is a quality journal. It also has an h-index of 13, meaning that 13 articles in the journal have more than 13 citations.

The SAJP has a sponsorship agreement with the South African Society of Physiotherapy (SASP), with an annual limit from Society membership fees. Society members, therefore, benefit from this subsidy. The benefit is calculated in the following way:

- First author (only), being a fully paid-up SASP member at the time of submission of the manuscript and final editorial decision (after formal review) – Article Processing Charges (APCs) are supported by a once-off R11 904.00 (Excl. VAT) discount.
- Second or subsequent authors being a fully paid-up SASP member at the time of submission of the manuscript and final editorial decision (after formal review) – Article Processing Charges (APCs) are supported by a once-off R5 952.00 (Excl. VAT) discount.
- Authors who are not SASP members, APCs are not subsidised.

For further information regarding publishing in the SAJP, please get in touch with the Chief Editor, Prof Witness Mudzi, on [editor@sajp.co.za](mailto:editor@sajp.co.za) or [wmudzi@yahoo.com](mailto:wmudzi@yahoo.com).

### **Physiopedia Plus – SASP member gets FREE Full membership – SAVE \$237.00 (USD)/yr**

Members of the South African Society of Physiotherapy are provided with Physiopedia Plus Full membership as a member benefit.

Login to the members area of the South African Society of Physiotherapy website to access your PHYSIOPLUS account.

**Full**

Everything you need to meet your professional development needs

**\$237.00 (USD)/yr**

- ✓ Participate in any of **831** courses
- ✓ **2310** hours of accredited online courses
- ✓ Physiopedia AI Assistant
- ✓ Access 3000+ selected learning resources (videos, articles, quizzes etc)
- ✓ Personal learning log/portfolio
- ✓ Export your activity log

### **Embodia – SASP member gets 10 – 75% discount on courses, membership & rehab resource packages**

#### **Embodia - A Complete Digital Platform for Physiotherapists**

Embodia is an all-in-one practice and professional development platform designed specifically for rehabilitation professionals. It supports physiotherapists across clinical care, patient engagement, and continuing education.

Embodia includes:

- Clinical charting and documentation
- Scheduling and online booking
- Billing and invoicing
- Home Exercise Prescription (HEP) and patient education
- Tele-rehabilitation and secure messaging
- Online continuing education and clinical resources
- Outcome measures and progress tracking

#### **Exclusive SASP Member Discounts / Embodia Membership Savings**

SASP members receive **25% off** Embodia Tier 1 and Tier 2 memberships

<i>Membership</i>	<i>Regular Price</i>	<i>SASP Price</i>	<i>Savings</i>
Tier 1	\$180/year	\$135/year	Save \$45
Tier 2	\$300/year	\$225/year	Save \$75

<i>Tier 1 Includes:</i>	<i>Tier 2 Includes (Everything in Tier 1 PLUS):</i>
Access to Embodia's member course library	Exercise prescription and patient education sharing
Discounts on webinars and premium courses	Ability to record and send custom exercise videos
Professional portfolio and learning tracking tools	Free patient mobile app (iOS and Android)
	Secure two-way patient messaging
	One-on-one tele-rehabilitation
	Outcome measures and custom patient diaries
	Clinic collaboration tools

Note: Charting, scheduling, billing, and online booking are available in Tier 3.

### Reframe Rehab Resource Packages

SASP members receive **75% off** Reframe Rehab resource packages:

- Level 1 Audio
- Qi Gong

These packages provide ready-to-use patient exercises and education materials that can be shared directly through Embodia (Tier 2 membership required).

### Additional Course Discounts for SASP Members

SASP members receive **10–50% off** a wide range of clinical courses, including topics such as:

- Pain science and biopsychosocial care
- Pelvic health and women's health
- Paediatrics and neurorehabilitation
- Vestibular rehabilitation and dizziness
- Chronic disease and neurological conditions
- Taping techniques and musculoskeletal rehabilitation
- Tele-rehabilitation and digital practice delivery

Several courses are also **free for Embodia members**, including selected professional development topics and clinical skill training.

### **SASP members save 30 – 100% on SASP courses**

Average potential savings:

- Courses less than R1 000: Savings of +/- 90%
- Courses of between R1 000 – R5 000: Savings of +/- 60%
- Course more than R5 000: Savings of +/- 30%
- Many courses are FREE to SASP members

**If you have  
any queries  
relating to  
membership**

We're here to assist you:  
[membership@saphysio.co.za](mailto:membership@saphysio.co.za) |  
 011 615 3170



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**Renew your membership, log in here:**

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**Let's move physiotherapy  
forward together.**