

SASP in Action



(CPT1)

SASP Cardiopulmonary Rehabilitation Course

Save big as a SASP member

Building the Future of Cardiopulmonary Physiotherapy in South Africa

The South African Society of Physiotherapy continues to invest in the growth, advancement and future of the physiotherapy profession through meaningful education, advocacy and clinical development opportunities for physiotherapists across South Africa.

One of the most exciting examples of this in action is the launch of the CPT1 Postgraduate Cardiopulmonary Rehabilitation Course — a professionally developed course created specifically for South African physiotherapists working across acute care, ICU, rehabilitation, outpatient and community settings.

This is more than just another CPD course.

It is a career-development opportunity designed to help clinicians strengthen their clinical reasoning, build confidence in complex patient management and step into multidisciplinary leadership roles within cardiopulmonary care.

WHAT CPT1 WILL EQUIP YOU WITH:

- Advanced clinical reasoning skills
- Evidence-based cardiopulmonary rehabilitation knowledge
- Greater confidence managing complex patients
- Practical rehabilitation and advocacy expertise
- Enhanced multidisciplinary team leadership capability
- Exposure to leading clinicians and expert facilitators in the field

The course combines:

- Online learning
- Face-to-face practical engagement
- Expert-led modules
- Real-world clinical application
- CPD-accredited professional development

WHETHER YOU WORK IN:

[ICU](#) • [Acute Care](#) • [Wards](#) • [Outpatients](#) • [Rehabilitation](#) • [Community Health](#)

...this course has been designed to elevate your practice and strengthen your impact as a physiotherapist.

WHY THIS MATTERS

Cardiopulmonary rehabilitation and management are becoming increasingly important across healthcare settings in South Africa. Physiotherapists are expected to play a greater role in patient recovery, rehabilitation outcomes, education and interdisciplinary care.

CPT1 has been developed to help physiotherapists meet that challenge with confidence.

This is SASP in action — investing in the profession, supporting clinicians and creating opportunities for meaningful professional growth.

COURSE DETAILS

CPT1 Postgraduate Cardiopulmonary Rehabilitation Course

Course Start Date: 1 July 2026

Registration Deadline: 18 June 2026

Format:

Online + Face-to-Face Learning

CPD Accredited

COURSE FEES

Full Course - R38 000

SASP Members - R29 000 (SAVE R9 000 as an SASP member)

CPRG Members - R24 000 (SAVE R14 000 as an SASP and CPRG SIG member)

Flexible Instalment Options Available

HOW TO ENROLL FOR THE COURSE

For registration links and further information contact Tammy at: sigadmin@saphysio.co.za

WHY SASP MEMBERSHIP MATTERS

SASP membership provides access to meaningful professional development opportunities, specialist interest groups, advocacy for the profession and significant educational savings.

This course is a strong example of the value of being part of the South African Society of Physiotherapy community.

If you've been wondering whether SASP membership is worth it:

- Exclusive course discounts
- Access to specialist professional networks
- CPD-accredited education opportunities
- Professional advocacy and representation
- Ongoing support for physiotherapists across South Africa

...are just some of the benefits.

To log on or register as a SASP member: [Click here](#)